



Waldo County Triad

presents

Weekend Workshops



Saturday, February 17
Emergency Management
Agency Building
685 Swan Lake Avenue
Swanville
9:00 a.m. – 2:30 p.m.

Weekend Workshops

This program is brought to you by Waldo County Triad, a partnership of citizens, local organizations, and law enforcement dedicated to improving the safety of people 50 and over. In Waldo County, Triad offers services including:

- Education on current scams and how to avoid them,
- Daily calling service for those living alone,
- Collection and safe disposal of unwanted medications,
- Files of Life that hold health information so emergency personnel can find it easily if it should be needed,
- Shredding of documents containing personal information.
- Cell phones to use to dial 911 to get help in an emergency,
- Distribution of smoke and carbon monoxide detectors to seniors as funds are available.



Saturday February 17

Each session starts in the morning and runs into the afternoon so participants take only one class.

The requested registration fee is \$15. One instructor will provide all supplies for the class and charge her cost. For the other class, participants bring their own materials.

Right after the registration deadline, everyone who enrolls will receive a list of items to bring to the selected class plus the schedule for the day, and directions to the meeting place.

Bring your lunch.

Beverages and baked goods will be available for sale during registration and lunch.

Deadline to Register is

February 7

Ukrainian Egg Decorating with *Sue Dean*

Pysanky ("pih-sahn-KIH") or Ukrainian egg decorating is done using the batik method, where patterns are drawn on the egg in molten wax. The egg is dipped in dye to color the parts not covered with wax. In the end, the wax is melted off the eggshell, leaving an elaborate design. You will also make a box to put your eggs in.

For her cost of \$15, you will leave with 2-3 decorated eggs, materials to complete the eggs at home (polyurethane, glue, hanger and string), an informational handout on Pysanky and information on where to order supplies.

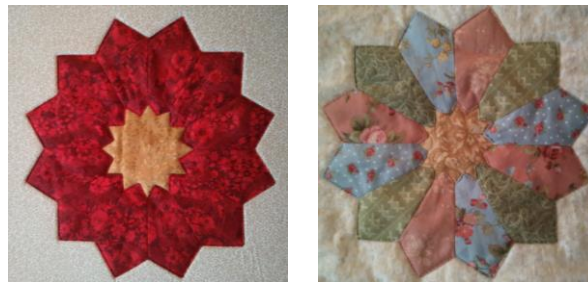


Dresden Plate with a Starburst Center with *Pat Pierson*

The Dresden plate pattern is a 1930s hand-applique scrap quilt design with 12-20 spokes radiating from a round center. In this workshop, we will make an all-machine-made design where the center is a starburst rather than a circle and the spokes are all one color or multiple colors.

Participants can choose to make placemats, a table runner or a quilt. Fabric amounts and instructions will be provided for each project.

This workshop requires a portable sewing machine



Waldo County Triad

The requested \$15 registration fee is a donation collected to help defray the cost of operating this program. Any additional funds are used to continue the work of Waldo County Triad to help improve the safety of local residents who are 50 or older.

The Triad board of directors is comprised of citizens, community-based organizations and law enforcement officers. The Triad definition of safety is very broad and can include anything to help keep older people safer in their homes and communities. Present programs are directed to help:

- prevent victimization by scammers,
- prevent fires,
- prevent carbon monoxide poisoning,
- prevent falls,
- prevent theft of or improper use or disposal of medications, and
- Increase emergency response time.

On February 17, registration for the day begins at 9:00 a.m. Classes start at 9:30 a.m. More details will be mailed to those who enroll.

Workshop Registration

Mark Your Choice	Workshops	Fee for Supplies Provided
	Ukrainian Egg Decorating	\$15
	Dresden Plate Variation	0

Name

Mailing Address

Town, State, Zip

Phone # (in case we need to contact you about workshop)

Email Address (if available, in case we need to contact you)

Payment

Registration = \$15.00

Supply Fee = _____
 (for egg painting)

Amount Enclosed \$ _____

Make Check Payable to: **Triad**

Mail to:

**Triad
 Attn: Pat Pierson
 6 Public Safety Way
 Belfast, ME 04915**

**Deadline to Register:
 February 7**

All proceeds from this day go to support the programs of **Waldo County Triad** designed to improve the safety of residents age 50 and over.